



**BEST COSTA RICA TRAVEL  
PRE - CONGRESS  
ITINERARY**



**COSTA RICA**



# Pre - Congress Bird Route Trip

Oct 26 - Oct 29

(3 nights- 3 days) 8 person group

**Overview:** This trip will introduce you to 5 of the sites of the Costa Rican Bird Route: Section San Juan – La Selva. This region is home to over 500 species of birds, and is the most reliable location in the world to see the Great Green Macaw (*Ara ambiguus*). By visiting the Bird Route you will not only see amazing biodiversity, but you will also be helping to maintain the ecological integrity of one of the world's most biologically diverse places. You'll find out why the Costa Rican Bird Route is full of **great places, great birds and great people**. **More information on the route and sites can be found at [www.costaricanbirdroute.com](http://www.costaricanbirdroute.com).**

## Day 1: Oct. 26

Your guide and driver will be waiting for you at the airport to take you to your hotel in San Jose. Overnight at the Bouganvillea Hotel.

## Day 2: Oct. 27

After breakfast and early birding in the gardens you'll heading out towards the Caribbean side of Costa Rica. On the way, you will have the opportunity to cross one of the most amazing national parks in Costa Rica, Braulio Carrillo National Park, and actually stop at the **Quebrada Gonzalez** Ranger station in the Park. Here you may spot some of the best birds on the trip including; Snowcap, Brown-billed Sythebill and Black-crowned Antpitta.

Then you will keep going to the next birding location, the world famous La Selva Biological Station. Find more birds throughout the afternoon on our bird tour through their amazing rainforest. Search for the endangered Bare-necked Umbrella Bird and the Rufous-tailed Jacamar. Lunch will be served at the Biological Station. After birding you will take you to your nearby accommodations at the family owned **Chilamate Jungle**. After dinner you will have the opportunity to experience the tropical rainforest from a different perspective, a night tour will give you the chance to feel the forest and maybe chances to see nocturnal birds or even the local silky anteater.

## Day 3: Oct. 28

After breakfast, get ready to visit another well-known birding spot, **Tirimbina Rainforest Center**, where you will be able enjoy birding while you walk along suspension bridges that cross the Sarapiquí River. After lunch sweeten your day learning about "The food of the gods" *Theobroma cacao* or better known as chocolate as you participate in a Chocolate Tour. Later you'll head up slope to the family run **Alberque el Socorro** for afternoon birding, a coffee and dinner. Return back to Chilamate Jungle that night. Priority birds we will search for this day will include Great Green Macaw, Sunbittern, Snowy Cotinga and White-fronted Nunbird.

## Day 4: Oct. 29

Early Breakfast and then start your morning with more birding before you head to one of the most amazing set of waterfalls of Costa Rica, **La Paz Waterfall Gardens**. Here there will be chances to see some great species of hummingbirds and tanagers. After lunch, keep going back to San Jose and be dropped off at the hotel you'll be staying at for the Congress, which begins the following day.

### Price, Payment and Registration:

**Price per person single occupancy: \$1140**

**Price per person double occupancy: \$1050**

To sign up for the trip please send an email to Kathya at Best Costa Rica Travel: [info@bestcostaricatravel.com](mailto:info@bestcostaricatravel.com) with subject line: PRE CONGRESS TRIP. To secure your spot a 50% deposit is required. Full payment for the trip is due by Sept 25.

Payments can be made through Paypal ([info@bestcostaricatravel.com](mailto:info@bestcostaricatravel.com)) or Bank Deposit.

### What does the Price include?

- ✓ Transfer from Juan Santa Maria International Airport to Hotel Bougenvillea
- ✓ One night at Hotel Bougenvillea
- ✓ Private transportation for entire trip
- ✓ Private naturalist guide for 3 days who will also meet you at the airport
- ✓ Entrance to Braulio Carrillo National Park
- ✓ Entrance to La Selva and Natural History and Birding walk
- ✓ 2 nights at Chilamate Rainforest Lodge
- ✓ Entrance to Tirimbina Rainforest Center, Chocolate Tour and private natural history and birding walk
- ✓ Visit to Albergue el Socorro
- ✓ Natural history and birding private night tour
- ✓ Entrance to La Paz Waterfall Gardens
- ✓ All meals included.

Enjoy the *Costa Rican Bird Route* prior to the Congress with **BEST COSTA RICA TRAVEL** and *Rainforest Biodiversity Group*.

Thanks for traveling with us!

Regards,

BCRT Team, *with the support of:*





*best*

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